



Junior Board Application

Email info@touchingheart.com to submit!

Basic Information

Full Name:

Age:

Grade:

School:

Email Address:

Phone:

Parent/Guardian Name:

Parent/Guardian Email:

Parent/Guardian Phone:

Have you participated in any Touching Heart programs before? (Yes / No – If yes, please share which ones)

Short Answer Questions

(You can write your answers or submit a short video. Whatever best helps you share who you are and why you want to be considered!)

- 1. What does kindness or compassion look like to you in everyday life?**
How do you try to show these values to others?
- 2. If you could change one thing in your community or school, what would it be—and why?**
What's a first step you might take?
- 3. Why do you want to be part of the Touching Heart Junior Board?**
What are you most excited to learn, do, or help with?

4. **The Junior Board meets at least monthly and is a year-long commitment.**

Are you able to commit to showing up consistently, being respectful, and working closely with a team?

(Yes / No / Not sure – please explain if needed)

5. **Tell us about your general availability.**

What days/times usually work best for you to meet?

Get to Know You More

(Choose **at least 2** of the questions below to answer. Feel free to answer more if you'd like!)

6. **Tell us about a time you helped someone—even in a small way.**

What did you do, and how did it feel?

7. **Imagine someone on the board is feeling left out or unheard.**

What would you do to help them feel supported?

8. **What's something you care deeply about—and why?**

This could be a cause, a topic, a personal experience—anything meaningful to you.

9. **What does being a leader mean to you?**

Final Thoughts (optional)

Is there anything else you'd like us to know about you?

What Happens Next

After applications close on **July 31**, we'll reach out to schedule a short interview. **Five students will be selected** for the Junior Board.

Thank you for applying!